

Make a plan.

It's up to you to keep those you love safe in a disaster.

Making a plan gives you peace of mind.

It lets you know your loved ones will get out safely...

That they are in a secure place...

That they get the care they need...

That they have all the provisions they need...

And that nothing is left to chance.

**Help yourself and those you love.
Make your plan today.**



CITY OF NEW ORLEANS

For more information on City of New Orleans emergency preparedness and evacuation:

1-877-286-6431
1-800-981-NOLA (TTY)
or visit

www.cityofno.com

To access other national emergency resources, go to

www.ready.gov

Evacuating with Elders and Special Needs Patients

**An information
guide for family and
caregivers**



Elders have physical, health and emotional needs during an evacuation that most people do not. Caregivers should keep the following in mind when planning evacuating an elder or others with special needs.

If the elder lives in a nursing home or is hospital-bound, ask for a copy of their evacuation plans and be familiar with it. Know how to contact the elder once they reach their destination.

If the elder lives in a residence or assisted-living facility, it is up to family or friends to make plans for their care. When planning ahead, keep in mind:

- Arrange to stay with family or friends from out of town during an evacuation. Elders will be more comfortable with this support network nearby.
- Call ahead to hotels as soon as an emergency is declared to make

reservations. If the elder has pets, make sure hotels are pet-friendly.

- If elder has medical needs, or if caring for others with special needs, check with doctors, and home health care agencies to arrange for care wherever you go.
- State shelters are often crowded and have minimal supplies, no privacy and life there can be very stressful. They are meant as a last resort only.

Plan ahead for transportation out of the city. Find out who can help during an emergency and who will not be able to assist you. Some possible sources of transportation are:

- Personal vehicle
- Family, friend or neighbor's vehicle
- Rental vehicle
- Bus, train or airplane
- Para-transit
- Taxi
- Ambulance

What to bring with you:

Special food and supplements

Home medical equipment

Oxygen for portable units

Batteries for wheelchairs

Adult diapers

Enough water for each person to have 1 gallon per day

Extra changes of clothing that are comfortable and seasonal

Copies of important papers and identification

At least a one-month supply of medications

A list of prescriptions you are on

The name and phone number of a doctor where you are going to travel